

BASIC FIRST AID & CPR TRAINING COURSE

Medical emergencies can happen without a warning, anywhere and at any time. It only takes one person to know how to perform basic first aid to save lives.

Raffles Medical provides Basic First Aid and CPR Course for corporates and private groups offering the recommended standard training on theory and life-saving practical skills.



Nr. Huyen Nguyen Nurse Supervisor Raffles Medical Hanoi Cerified BLS Trainer

- ✓ Registered nurse with 27 years experience.
- ✓ Certificate of BLS instructor issued by Raffles Hospital Singapore (2020)

Learn lifesaving First Aid and CPR skills in one day

Training includes:

- Basic life support (BLS) includes recognition of signs of sudden cardiac arrest, heart attack, stroke, and foreign-body airway obstruction;
- Cardiopulmonary resuscitation (CPR) for adults and childen
- AED
- Choking/Maneuver Heimlich for adults and children
- Trauma & basic first aid

Notes:

- Training is available in English and Vietnamese.
- Training equipment will be provided.
- Half day course is available upon request.
- Training course can be customized to suit corporate or individual group's needs.

To book your training course, please contact:

Hanoi: Ms. Giang | giang.nguyen@rafflesmedical.com **HCMC:** Ms. Nhu | dang_nhunhu@rafflesmedical.com